



# Shadow Health®

## Demonstrate AACN new *Essentials* competencies in Shadow Health

Shadow Health's Digital Clinical  
Experiences™ (DCEs) align with key  
competencies in the new *Essentials*.

### DOMAIN 2:

## Person-Centered Care

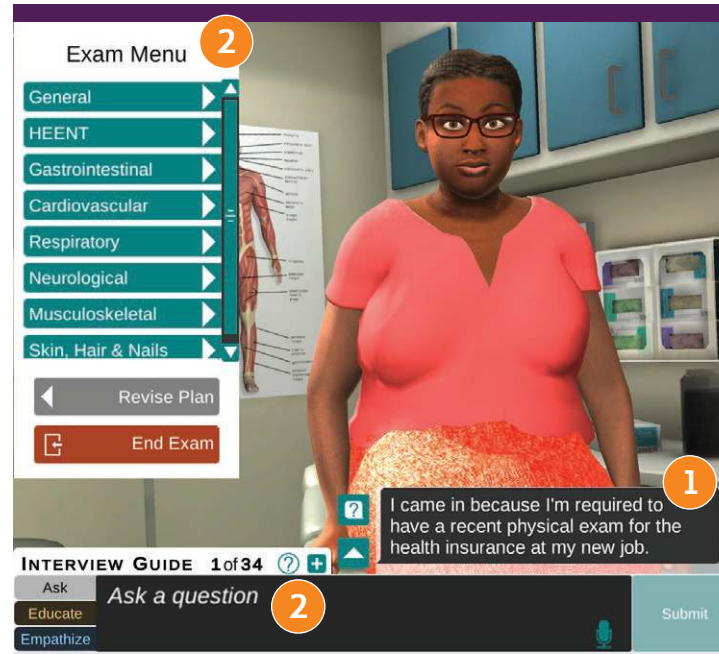
Students demonstrate competencies and  
sub-competencies related to the 10 domains  
of the new *Essentials*, in conversation-based  
scenarios that vary in context and  
complexity. These examples are from  
Domain 2, Person-Centered Care.



### LEARN MORE

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2.3c Perform a clinically relevant,  
holistic health assessment.

### HEALTH ASSESSMENT

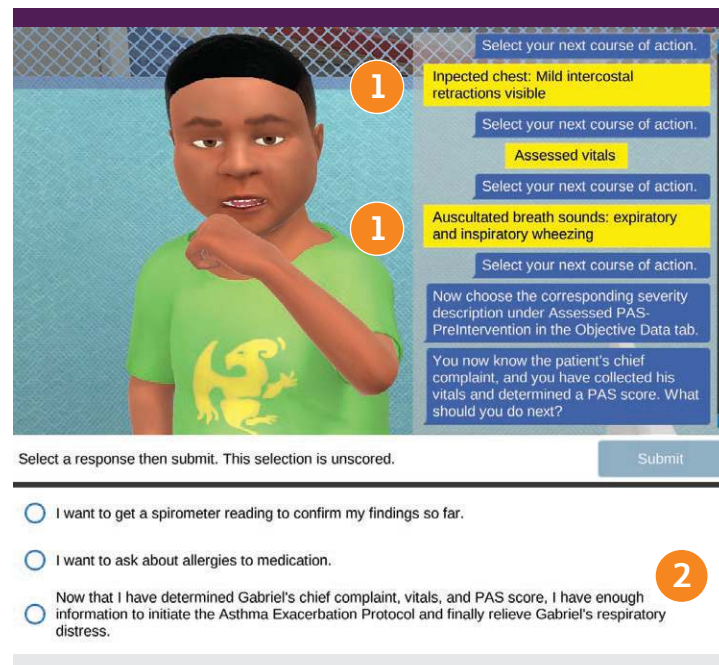
*Comprehensive Assessment*

**Tina Jones**

AGE: 28

**Location:** Primary Care Clinic

- 1 Ms. Jones has come to the clinic requesting a complete health assessment for a pre-employment physical.
- 2 Students will perform a comprehensive, head to toe assessment that includes an interview and physical exam.



2.5c Prioritize care based on best  
evidence.

### PEDIATRICS

*Focused Exam: Asthma Exacerbation*

**Gabriel Martinez**

AGE: 8

**Location:** Hospital, ER Triage

- 1 Gabriel is experiencing symptoms of an asthma attack that began about four hours ago.
- 2 Students will calculate a PAS score and determine interventions. Then, they will perform a follow-up assessment and create a care plan.



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Exam Menu 1

- Nursing Tasks
- Assess
- Inspect
- Palpate
- Interventions 2

Yes, I do get tired sometimes, and it can be troublesome, though it's not like I have many places to be, these days.

INTERVIEW GUIDE 1 of 19

Ask Make an empathetic statement

Educate

Empathize 1

Submit

2.1a Demonstrate the qualities of empathy.

### FUNDAMENTALS

Patient Care Rounds: Pressure Injury  
**Isabella Fischer**

AGE: 70

Location: Long-Term Care Facility

- 1 Ms. Fischer has developed a pressure injury. She had a hemorrhagic stroke one year ago and still experiences mild deficits that affect her mobility and speech. Students will assess her condition and provide therapeutic communication.
- 2 After gathering the needed data, students will perform basic nursing interventions to address Ms. Fischer's pressure injury.

Exam Menu 2

- Assess
- Inspect
- Auscultate
- Palpate
- Test
- Transfer Care 2

I think... I've talked it over with my husband, and it's probably best for me to start hospice care. I just don't want to have to burden my family any more than I already have.

INTERVIEW GUIDE 3 of 52

Ask Ask a question

Educate

Empathize 2

Submit

2.2b Consider individual beliefs, values, and personalized information in communications.

### GERONTOLOGY

Focused Exam: End of Life  
**Regina Walker**

AGE: 69

Location: Hospital, ER

- 1 Mrs. Walker is experiencing severe pain from metastasized stage IV breast cancer. Several times during the interview, she mentions to students that she is ready to discuss hospice care.
- 2 Students will assess Mrs. Walker and create a care plan.