



HESI Compass

Student Orientation Guide

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Overview of HESI Compass

HESI Compass is an asynchronous NCLEX review course that provides an individualized study plan alongside a personal coach who is dedicated to answering your questions, providing guidance, motivation, course personalization, and more in the final weeks before you take the NCLEX.

You will take a HESI Exit Exam to gauge your knowledge and identify areas of both strength and weakness and launch your HESI Compass course. After completing the Compass review modules, you will then take either one or two additional HESI Exit Exams, and complete your personalized study plans.



In addition to the HESI Exit Exams, HESI Compass provides a variety of course materials designed to enhance your preparation and ensure your success on the NCLEX exam. These materials include:

- **Review Modules:** Comprehensive content review organized into modules covering essential nursing concepts and topics.
- **Self-Study Questions and Testlets:** A variety of self-study questions within the modules allow you to test your understanding of the material and reinforce your learning.
- **HESI and NGN Case Studies:** Practical application case studies that allow you to develop critical thinking and clinical judgment skills.
- **Personalized Quizzes:** A focus on areas where you may need additional practice, reinforcing your knowledge and boosting your confidence.

It can seem overwhelming, but the best place to start is with the [HESI Compass Student Welcome Video](#), and then visit the [HESI Compass Student Orientation](#) video for a detailed overview. You can also learn tips and tricks on [Navigating HESI Compass](#) with this short video.

Enrolling in Slack

Slack is the platform you will use to communicate with your HESI Compass coach. You can find step by step instructions on how to enroll in both print and video format here:

- [Instructions for Enrolling in Slack](#) (video)
- [Instructions for Enrolling in Slack](#) (pdf)

If you'd like to get to know the platform a little better, you can find more information from the [Slack Tutorials and Videos](#). You can also visit the [Quick Start Guide](#) for a great overview - including explanations of all the icons and functionality tips.

Once you're enrolled, you will need to set up your Slack profile. Remember to include the following:

- Your full name, followed by your school's name (Example, Jane Jones, Elsevier University). This will help your coach properly identify you.

Getting Started in Evolve

You will find instructions to enroll in the Compass course within Evolve on your school's Slack channel, which will include your course ID and access code. Once you have completed enrollment in the HESI Compass course, the following steps should be completed before beginning:

- Academic Honesty Agreement
- NCLEX Test Plan Preview
- Test-Taking Strategies
- Completion of HESI Compass launch exam
- Self-Reflection

HESI Compass Modules vary in length. Based on your HESI exam score, you may need to spend more time in a particular module or content area than others. In general, you should expect to spend 3-5 hours per review module. Your Coach will guide you through the expected progression.



Our Coaches

Your coach is an important part of your HESI Compass course. During the often stressful but exciting period leading up to NCLEX®, an experienced and compassionate nurse educator is the perfect resource to support you as you prepare to take the exam, help increase your self-confidence, and academic performance. Let's go over some of the commonly asked questions about your coach and how they will help you along your way:

- **How do I connect with my HESI Compass Coach?** You can communicate with your Coach directly within your designated Slack channel. You can watch their introductory video, read weekly group posts that will keep your class motivated, and read and respond to any direct messages they send you. You should expect to receive individualized outreach from your Coach through direct messages on a weekly basis.
- **How often should I communicate with my Coach?** Your school faculty will establish the expectations for engagement with your HESI Compass Coach, ensuring that you know how often to connect and what to discuss. Your Coach will respond to your messages within a 24-hour period, ensuring you receive the assistance you need promptly.
- **What kinds of things should I expect to talk about with my Coach?** Your Coach will analyze your HESI exam results, provide you with insights on your performance, and help you identify areas where you may need improvement. They'll work to target weak-performing areas to enhance your understanding and performance, assist you in navigating the HESI Compass modules, and help you develop personalized study plans tailored to your needs. Coaches will also share effective test-taking strategies to help you perform your best on exam day.

With the support of your HESI Compass Coach, you can feel confident and well-prepared as you approach your NCLEX exam. Don't hesitate to reach out and make the most of this valuable resource!

Student Resources

If you have questions or need help with your HESI Compass course such as trouble logging in, or issues within the Compass course itself, please visit the [Evolve support hub](#). The Chat feature enables you to get assistance in real time.

If you have specific questions about the assignments, scoring, or content specific questions, please reach out directly to your coach through Slack.

If you're in need of immediate assistance with HESI testing, please reach out directly to our [HESI Support Team](#).

If you are unable to enroll in Slack, please reach out to your instructor for help.



FAQs

Is this a personalized experience or is the coach just cutting and pasting comments in Slack?

Important information that all students need to know may be included in the Coach's weekly message. The coaches will individualize their communication and information to each individual student. They will review your HESI Exam scores and provide feedback. Likewise, they will answer your questions. The Coach will respond to your questions within 24 hours.

How do I add HESI Compass to my already busy schedule?

We know this is a busy and important time for students as you prepare for HESI Exit exam and ultimately the NCLEX exam. Everyone's schedule looks different, and each student learns differently, though here are a few tips to keep in mind as you consider your study schedule:

- Set goals. Break up your study plan into weekly chunks.
- Prioritize - I know you are busy and juggling many things, but be sure to make this a priority throughout the week
- Set a time limit - what is your goal to spend on Compass daily or weekly?
- Take breaks - your brain needs time to reset with lots of studying! Give yourself a break!
- Organize yourself - keep track of where you are at and where you are going
- Remove non-essential tasks - focus on the task at hand, and try not to multitask when studying
- Plan ahead (again, this is why I suggest you set weekly completion goals)

I get so nervous when taking an exam and have difficulty focusing. What should I do?

If it is difficult to focus and concentrate during an exam, sit back in your chair, close your eyes, and take some slow deep breaths. Breathe in through your nose slowly, hold your breath to a count of 4, and then breathe out through your mouth. Repeat this breathing exercise 4 or 5 times, and then go back to the questions on the exam. These breathing exercises will fill your body and cells, including your brain cells, with oxygen. This will help you to regain control, and you will be better equipped to focus and concentrate.

How should I prepare for my HESI Exit Exams?

You should expect to see regular NCLEX style questions as well as NGN style questions on the HESI Exams. This is a longer exam - make sure you take time to eat and take care of personal needs before the exam begins.

- Taking short mental breaks (that are approved by your faculty) are important to keep your mind clear. If you feel you're reading a question over and over, it's time to take a quick mental break.
- Deep breaths are important as well!
- Remember your test taking strategies as you test! Put these into play as you've practiced them throughout your program.
- Rest is your friend! Get to bed early and wake up ready to go!
- Eat a healthy meal before your exam!
- Take your time reading through the questions but go with your gut response and stick with it! Don't change your answer!



- Make sure you understand what the question is asking of you and that you are able to pick out the key words in the question.
- Focus on safety: which option will keep my patient the safest in this situation?
- Let the “ABCs” and the nursing process guide you in your answer choices.

